How can I find comfort in suffering?

2 CORINTHIANS 1:3-4

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, ⁴who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.

The Bible tells about a man who suffered more than most people. His name was Job. His children were killed in a storm. He lost his house and all that he owned. He also had a painful sickness. Some people said that God was punishing him, but Job knew that God cared. He told God about his problems and how he felt inside.

You need to do what Job did when you are suffering. You might feel angry. Maybe you think God doesn't care. But, God does care. Tell Him about your suffering. Ask God to help you be patient and brave.

One way God comforts His children is through His Word. If you have a Bible, read some verses in the book of Psalms. God's Word says that through patience and comfort of the Bible, we can have hope (Romans 15:4).

As you talk to God and read His Word, He may give you an answer to your problem. However, He may choose to comfort you in a different way. He may just remind you that He loves you and has a plan for your life. Be like Job and trust that God is at work, even in your suffering. Let God comfort you.

THINK ABOUT IT!		
God wants to give you		when you are



Thank God for comforting you when you suffer. Thank Him for His Word that gives you hope.