Does God know about things in my life?

PSALM 139:13-15

For you formed my inward parts; you knitted me together in my mother's womb. ¹⁴I praise you, for I am fearfully and wonderfully made. Wonderful are your works... ¹⁵My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth.

Have you ever tried to explain something to a friend, and he just stared at you? Maybe you think, *Doesn't anybody understand what I think or feel?*

God knows everything in the whole world, and God knows everything about you. The Bible says, "You know when I sit down and when I rise up; you discern my thoughts from afar...and are acquainted with all my ways" (Psalm 139:2-3). God knows your thoughts and how you feel at any time of the day. He knows when you get up in the morning and when you go to bed. He sees your tears and hears your laughter. God knows when you're frustrated and when you're sad. He knows the tiniest movement that you make. He also knows every secret sin. Although God knows all about you, He still loves you!

Not one thing in your life goes unnoticed by God. Maybe no one else understands you and your situation, but God understands completely. He knows about your past, your present and your future. Because God knows the future, He can prepare you for it. Isn't it great to know that God knows all about you? Trust Him to do what is best in your life.

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	past, present and	



Thank God that He knows all about you and loves you. Ask God to help you trust Him to do what is best for you.