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What does God do for me?

MATTHEW 6:25-26

Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? ²⁶Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

All of us have needs—things we must have like food, clothing and shelter. Probably your parents take care of these things for you. But did you know that it is God who has provided so that your needs will be met?

God knows about your basic needs. He also knows you have the need to be loved, accepted and to feel safe and protected. Perhaps those who are supposed to take care of you have not been able to meet your needs. Your family might have to depend on others for help. At times, you may try to meet your own needs. But God wants you to look to Him first to provide for you. He is your Heavenly Father who cares for you more than anyone else could.

There is no need too great or too hard for God to supply. He promises, "And my God will supply every need of yours" (Philippians 4:19). God has all of the riches in the world. He never lacks anything, so He is well able to supply any need.

God does not promise to supply everything you want, but your needs will never go unmet. Depend on God. Tell Him about your needs and trust Him to provide for you.





Thank God that He has the power to meet all your needs. Ask Him to help you trust Him.